

Sheffield City Trust

Person Specification



Job Title: Group Fitness Instructor

Selection Criteria:

CRITERIA	STANDARD	ESSENTIAL/ DESIRABLE	MEASURED BY
Qualifications	Level 2 Exercise to Music	Desirable	Application
	Relevant Group Fitness Qualifications	Essential	Application
	First Aid at Work Qualification	Desirable	Application
Skills	Be able to demonstrate an ICAN approach to all aspects of the role.	Essential	Interview
	To deliver a safe, inclusive Group Fitness Class	Essential	Interview
	To offer amendments to your delivery to allow for differing abilities	Essential	Interview
	Engage with participants and present an exciting, well communicated class	Essential	Interview